



THE UNIVERSITY OF JORDAN

mental health support for both staff and students

UJ provides access to mental health support for both staff and students. The Deanship of Student Affairs includes a dedicated Counseling and Mental Health Division that offers psychological support and guidance to students. Additionally, the University Hospital has a specialized Mental Health Unit that provides comprehensive mental health services for both students and staff, ensuring accessible and professional care for the university community.

mental health support for students

https://studentaffairs.ju.edu.jo/Lists/sections/Disp_Sections.aspx?ID=2

Note: all activities are free and staff can join them

mental health support for Staff

[https://hospital.ju.edu.jo/Lists/MedicineSections/Disp_Section_copy\(1\).aspx?Section=%D8%A7%D9%84%D8%A7%D9%85%D8%B1%D8%A7%D8%B6%20%D8%A7%D9%84%D9%86%D9%81%D8%B3%D9%8A%D8%A9](https://hospital.ju.edu.jo/Lists/MedicineSections/Disp_Section_copy(1).aspx?Section=%D8%A7%D9%84%D8%A7%D9%85%D8%B1%D8%A7%D8%B6%20%D8%A7%D9%84%D9%86%D9%81%D8%B3%D9%8A%D8%A9)